

YOM KIPPUR CONSOLATION CARDS

This one's for the big kids.

So you know how it goes - it's right in the middle of a specific davening/prayer and you're not supposed to talk, but you're sitting with your kids and you don't want to ignore their questions, comments or needs.

Simply print these cards out before Yom Kippur (on card stock for stability), cut them out and stick them into your tween/teen's machzor.

These cards can work for newly minted fasters, kids trying to get through their first fast, or even for teens who have been fasting for a few years now. Besides for encouraging them, there really isn't much we can do for kids who are fasting, but we can definitely smile, crack a joke and empathize with them to make the fast seem less endless for them.





HOW MUCH LONGER?

(point to an answer)

really? we just got here a good four hours, buddy about three hours we're about halfway there



a good two hours about an hour about 45 minutes about 30 minutes soon, soon

WHAT PAGE ARE WE ON?



(example: point to 2-5-7 for page 257)

0 1 2 3 4

5 6 7 8 9



CAN I GO OUT AND TAKE A BREAK?



Not Yet.

Sure.

Be back in 10 minutes, k?

But soon. In about 20 minutes, k? Can it wait a while?

Be back in 20 minutes, k? Are you okay?

But, in a few more pages you can go.

I'll come with you. Let me know if you leave the building.

I'M HUNGRY.





Oy, I'm sorry.

I know:(

Me too.

Yeah, it's a hard day...

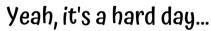
Suck it up, buttercup:)

It's almost over.

You can do it!

(point to one of these empathetic answers, with a smile)

I'M THIRSTY.



Oy, I'm sorry. Suck it up, buttercup:)

I know :(

It's almost over.

Me too.

You can do this!

(point to one of these empathetic answers, with a smile)